



# HEALTH PROFILE

DATE:- 01/01/17

NAME:- ABC XYZ

AGE:- 47\_Years

HEIGHT:- 5 ft 8 inch

WEIGHT:- 82.00 kg

## PERSONAL HEALTH HISTORY OF USER:-

Cough & Cold

## FAMILY HEALTH HISTORY OF USER:-

None

BMI VALUE:- 27.49

BMI INTERPRETATION:-

Overweight

**Note:- BMI or Body Mass Index** indicates the Health Status of a Person.

## ESTIMATED PROTEIN IN EXISTING DIET:-

Inadequate

Estimated Protein in Existing Diet reflects the approximate amount of protein that you have consumed through your daily diet as assessed with your inputs on Food Habit. Protein is an important part of life as it is a vital building block in the growth, maintenance and repair of the body tissue.

## MICRONUTRIENTS IN EXISTING DIET:-

Inadequate

Micronutrients in your existing diet:-

### Vitamin B12:-

Adequate

Vitamin B12 is known to be an essential nutrient responsible for blood formation in body. Vitamin B12 cannot be synthesized by human body and hence humans are dependent on their daily diet to get their required Vitamin B12 levels.

### Calcium:-

Adequate

Calcium is known to play a pivotal function in the growth, formation & development of bones & teeth. The body is often depleted of its calcium reserves when the blood calcium level is too low resulting in health conditions like osteoporosis, arthritis and other bone related problems.

### Iron:-

Inadequate

Iron is an essential element for blood production and is mostly found in the red blood cells or hemoglobin. Iron deficiency leads to Anemia.

Your inputs on Food Habit reflect the approximate micronutrients, i.e. Vitamins & Minerals in your Diet. Vitamins & Minerals are required in our daily diet to maintain overall health.

## PRODUCT RECOMMENDATION:-

DNAVITA is a Health Supplement "MADE FOR YOU" to provide Nutrition including Vitamins & Minerals considering your health condition, age, height, weight, food habits and lifestyle using ingredients given by PRAKRITI (Nature) for PRAKRITI (DNA) of yours.

We recommend DNVITA with the following ingredients for you:-

- |                                  |   |                          |
|----------------------------------|---|--------------------------|
| 1 . Milk Solids                  | 2 . Sorghum   | 3 . Rolled Oats          |
| 4 . Soy Flour                    | 5 . Low Calorie Sweetener-Erythritol (E 968) and Stevioside (E 960) | 6 . Edible Vegetable Oil |
| 7 . Permitted Emulsifier (E 322) | 8 . Vitamins and Minerals.  |                          |

CONTAINS PERMITTED NATURE IDENTICAL FLAVOURING SUBSTANCE

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### **DISCLAIMER:-**

1. We use the combination of following ingredients while producing DNAVITA and therefore if you have any allergy towards one/more of these ingredients, we advise you not to use it:-

- |                                 |                            |
|---------------------------------|----------------------------|
| i. Almond                       | vii. Low Calorie Sweetener |
| ii. Brown Rice                  | viii. Oats                 |
| iii. Cardamom                   | ix. Sorghum                |
| iv. Cocoa Solids                | x. Soy based Products      |
| v. Edible Blended Vegetable Oil | xi. Wheat (Gluten)         |
| vi. Milk & Milk Products        | xii. Whey based Products   |

2. The information provided in this website including through Mobile APP, e-mails, telephonic calls and other mode of communication are general in nature and not intended or implied to be professional health advice and are not for medicinal purpose.

3. The information is needed only for records and not meant for therapeutic advice or for curing any illness.

4. As a matter of policy we shall not disclose information provided by you regarding your medical history with any other person for commercial purposes.

5. We believe that information provided by you are true and correct.

6. The user should always consult experts including Physicians before using any information and/or product.

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